

ZERO HOUR READY — MODULE 0, LESSON 8

Action Steps & Resources

Launchpad

IMMEDIATE ACTION STEPS

ACTION 1 - Complete the Self-Evaluation Scorecard - Right Now

Score yourself 0-5 on each item. 5 = best, 0 = worst. Be honest. This is a baseline, not a judgment. Write today's date in column 1.

CATEGORY	ITEM	DATE 1/5	DATE 2/5	DATE 3/5
YOUR SELF	Fitness (Mobility, BMI, Strength, Stamina)	—	—	—
	Senses (Eyesight, Hearing, Smell)	—	—	—
	Diseases (Diabetes, Cancer, Heart, other)	—	—	—
	Substance Abuse (Drugs, Alcohol, Sugar)	—	—	—
	Faith (Spiritual Readiness)	—	—	—
	Psychological (Anger Issues, Solitude, Trauma)	—	—	—
	Sleep Schedule (6-8 hrs Daily)	—	—	—
PREPARATIONS	Food (Stored, Non-Perishable, +1 Year)	—	—	—
	Water (Stored, Sourced, or Purification Method)	—	—	—
	Defense (Guns/Bullets, Knives, Bow, Camo)	—	—	—
	Key Spices (Salt, Garlic, Essential Oils)	—	—	—
	Seeds and Pre-Industrial Farming Equipment	—	—	—
	Tools and Supplies (Clothes, Wood, Nails, Blankets)	—	—	—
	Disinfectants (Bleach, Alcohol, Silver, etc)	—	—	—
	Medicine (Antibiotics, Personal-Specific, First Aid)	—	—	—
KNOWLEDGE / PLANS	If I Have to Bug Out (Navigation/Maps)	—	—	—
	If People Show Up (Weapons/Tactical)	—	—	—
	Adaptability (If _____ Fails, What Happens Next)	—	—	—
	Agriculture/Hunting/Trapping	—	—	—
	Building Shelter & Fire	—	—	—
	Industrial/Craft/Mechanical	—	—	—
	Carpentry, Architecture, Engineering	—	—	—
	Sewing/Leather/Shoe-Making	—	—	—
	Communication (Ham Radio)	—	—	—
	First Aid/Trauma	—	—	—
LOCATION	Tsunami Risk Score (Elevation + Distance to Ocean)	—	—	—
	Population Density (Low is Better)	—	—	—
	Population Risk (Cartels/Reservations)	—	—	—
	Water Access (Rivers/Springs/Streams)	—	—	—
	Nearby Risks (Gov/Nuclear)	—	—	—
TOTAL (out of 150):		___/150	___/150	___/150

ACTION 2 - Memorize the Micronova Hide/Peek Protocol

This is the operational procedure for when it happens. Know the triggers. Know the actions. Don't rely on the handout being in your pocket.

TRIGGER	ACTION	NOTES
Sun turns RED	GO UNDERGROUND — IMMEDIATELY	The flash of UV light from the Micronova eruption can burn exposed biology. Do not wait to confirm. This is the signal. Go now.
Shaking begins	COME BACK UP	The shaking means the Micronova shell has hit Earth. Electrical induction through the crust. The great earthquake is occurring. The burn risk from the flash is now over. Come up during the shaking - the impactors have not arrived yet.
First streak in sky OR 24 hours after shaking	GO BACK UNDERGROUND	Impactors incoming - molten glass pieces and larger fragments. If you see the first streak, go immediately. If you haven't seen any but it's been 24 hours since shaking, go down anyway. They are coming.
6-12 hours after last heard/felt impact	COME UP, ASSESS DAMAGE	Survey surroundings. This may not be the final all-clear - larger slow-aggregating impactors may follow. But you can begin damage assessment. Return underground for severe weather as needed.
7-40 day reprieve window	WEATHER CONDITIONS PERMITTING, EMERGE	The new golden age is approaching. Hurricane-force winds, large hail, severe weather may require return underground temporarily. But the worst is over. Begin Phase 4 operations.

Can you state all five triggers and responses from memory right now without looking? Yes Not yet

ACTION 3 - Write Your Three Priorities and Your First Action for Each

Don't leave this lesson without a concrete first step for each priority.

#	PRIORITY	MY FIRST CONCRETE ACTION THIS WEEK
1	Get the Network - join solarkillshot.org or Observer Ranch. Find observers in your area. This is Priority 1 for a reason.	_____
2	Identify Family Needs & Gaps - complete your skills gap assessment and your household chaos plan if not done. Make the list.	_____
3	Start the Big 4 - food, water, defense, health. These are on you regardless. Begin or continue building toward the 2-year food/water standard.	_____

ACTION 4 - Set Your Scorecard Return Dates

The second score is the reward. Schedule it now.

	SCORECARD DATE 1	SCORECARD DATE 2
Complete today (baseline)	TODAY	TODAY
Return in 6 months	Scheduled: _____	Scheduled: _____
Return in 12 months	Scheduled: _____	Scheduled: _____
Total /150	Scheduled: _____	Scheduled: _____

FIVE CRITICAL POINTS — REFERENCE

Memorize these. They are the course compressed.

#	CRITICAL POINT	WHAT IT MEANS
1	ALL PREPPING IS DONE IN PHASE 1	The moment we cross from Phase 1 to Phase 2 (solar killshot, lights out), all prepping ends. Practice becomes execution. You cannot prep during Phase 2 - you can only execute what you prepared during Phase 1. The deadline is not flexible and it is not announced. Get ready before it happens.
2	PLANNING MUST BE INFORMED BY THREE THINGS	(1) The general risks of what is coming - the scenario-level threats from Lessons 1 and 2. (2) The dangers specific to you, your family, and your situation - household-specific vulnerabilities from Lesson 4. (3) The gaps in your supplies, knowledge, and skills - the C-minus assessment from Lesson 3. All three must be in your head before you plan. Not after.
3	PHASE 2 IS WHERE MOST PEOPLE DIE	Fun as it is to think about Phase 3 and Phase 4, Phase 2 is where almost everybody dies. It is the period of highest risk. It's when you must be a survivalist at all times - and potentially also a warrior when required. Don't let Phase 3 fantasies distract from Phase 2 preparation.
4	THE SURVIVAL NETWORK IS BOTH CRITICAL AND PRIMARY	Critical: without a network you will not survive long-term. Primary: you find the network first because it's the one mountain that makes all other mountains smaller. You can't buy everything, you can't master all skills, you can't defend alone. The network is the foundation that makes everything else achievable. One impossible mountain chosen correctly cuts all the others down.
5	LOCATION HAS THREE SCALES	Macro: avoiding Big Dumb Mistakes (cities, oceans, faults, volcanoes), tsunami safety score, weathering the weather - this is the broad planetary analysis. Micro: specific area within the macro zone - rural vs. urban within that region. Micro-micro: the specific bunker site - elevated solid ground, concealment, drainage. All three must be right. Passing two out of three is not sufficient.

MICRONOVA HIDE/PEEK CYCLE — QUICK REFERENCE

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FLOAT-AWAY SURVIVAL — BUMPER BOAT PRINCIPLES

PRINCIPLE	WHAT IT MEANS
No inflatables	An inflatable will be destroyed by debris. Watch the Sumatra 2004 or Japan 2011 tsunami footage - metal, wood, cars, nails, rocks, houses, shrapnel. Your vessel must survive that environment.
Bumper boat construction	Either brute strength (thick hull that can take an impact) or cushioning (giant rubber tires around the perimeter, or similar). Both can work. The goal: take a hit without being penetrated or sunk.

Direction reversal	You will move in one direction for hours. Then stop. Then start going back the other way. That reversal means you are being pulled out to sea. Get to land the moment it begins.
Abandon supplies to reach land	If you see land you could swim to but cannot reach by boat - abandon your supplies and swim. The ocean will not forgive running out of supplies 50 miles from shore. The supplies are replaceable. You are not.
The rise rate	The initial inertial tsunami is not a violent wave - it's more like a high tide on steroids that lasts for hours. Expect up to 6 feet of water rise per minute at peak. The danger is duration, debris, and what happens when the direction reverses.

RESOURCES — LESSON 8 & CONTINUED RESEARCH

On Phase 3 - Geological and Solar Events

Pole Shift: How a Flip of Earth's Magnetic Poles Could Affect Life on Earth - Joel Levy

Accessible treatment of what a magnetic pole shift actually involves geophysically, what has been observed in the paleomagnetic record, and what the effects on biological systems and civilization might look like. Directly relevant to the Micronova and Phase 3 content from this lesson.

The Adam and Eve Story - Chan Thomas

The historical account of cyclical catastrophism that underlies much of the scenario analysis in this course. Suppressed for decades and released partially by the CIA. Reads as both historical document and survival context. For students who want to understand the scenario at a deeper level.

On Float-Away Survival and Water Survival

Adrift: Seventy-Six Days Lost at Sea - Steven Callahan

The most practically useful resource for float-away scenario planning. First-person survival at sea. Direction, current, supplies, psychology. Revisited here from Lesson 6 because it's the definitive reference for sustained water survival that directly applies to the bumper boat scenario.

Sea Survival: A Manual - Dougal Robertson

Technical and experiential manual for surviving at sea following vessel loss. Covers water sourcing, food at sea, navigation, signaling, psychological endurance, and the direction-and-current dynamics that apply directly to the direction-reversal guidance from this lesson.

On Continued Research and Preparation

Solarkillshot.org - Observer Community

The primary ongoing resource for observer-specific community building, local group formation, and continued research on the scenario covered in this course. The first action step for Priority 1.

Observer Ranch - Community and Events

In-person community, RV campground, education center, and the instructor's primary community base. For observers who want to engage with the community physically and at depth.

Heaven's Harvest - Emergency Food Storage

Course resource for long-term food storage. Coupon code SOLAR for 10% off. The primary recommendation for addressing the food component of Priority 3 (the Big 4).

MODULE 0 IS COMPLETE

You have the foundation. Eight lessons. Every framework you need.

The five critical points. The scorecard. The three priorities.

Now it's yours to do.

Get your network. Know your gaps. Start the Big 4. Make yourself hard to kill. Be safe.